



PRIMAL FITNESS

Client Information / Parkour Minor Consent Form

Please complete both sides of this form

Personal Information	
Student's Full name	
Nickname	
Home address	Street
	City, ST, Zip
Phone <input type="checkbox"/> Home <input type="checkbox"/> Mobile	
e-mail - Print CLEARLY PLEASE <small>We will not share your email but will use it to contact you</small>	
Birth date (MM/DD/YYYY)	
Emergency Contact Name (ICE) <small>Please save on cell phone under ICE</small>	
ICE Home Phone Number	
ICE Mobile Phone Number	
ICE Relationship	
Height <small>(used to calculate power output)</small>	
Weight <small>(used to calculate power output)</small>	
Current Fitness Level (circle one)	Low Medium High PRIMAL
Have you done a CrossFit or Primal Fitness workout before?	YES NO HERE At _____
Occupation	
Training Interests / Goals	
Do you have any injuries, recent illness, surgery or medical condition?	
How did you hear about us?	<input type="checkbox"/> Google Ad <input type="checkbox"/> FaceBook Search: <input type="checkbox"/> Parkour <input type="checkbox"/> Freerunning <input type="checkbox"/> CrossFit <input type="checkbox"/> Friend <input type="checkbox"/> Other _____

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Both sides of this form must be complete

PRIMAL FITNESS

Parkour Minor Waiver and Release

I am the parent or legal guardian of _____, a minor (the "Minor"). I wish that Primal Fitness, Inc. (together with all of its shareholders, directors, officers, employees, agents, representatives, servants, assigns and successors, "Primal Fitness") provide training and instruction in Parkour (the "Training") to the Minor.

I ACKNOWLEDGE THAT THE TRAINING INVOLVES HIGH INTENSITY EXERCISES INCLUDING BUT NOT LIMITED TO; LIFTING WEIGHTS, BODYWEIGHT EXERCISES, RUNNING AND SIMILAR MOVEMENTS BOTH INDOORS AND OUTDOORS IN HEAVILY-CONGESTED URBAN AREAS, CONTACT WITH OBSTACLES AND OTHER HUMANS, AND THAT ACCORDINGLY SERIOUS INJURY AND EVEN DEATH MAY RESULT FROM PARTICIPATING IN THE TRAINING. I KNOW AND UNDERSTAND THE SCOPE, NATURE, AND EXTENT OF THE RISKS INVOLVED IN THE MINOR'S PARTICIPATING IN THE TRAINING AND VOLUNTARILY AND FREELY CHOOSE TO INCUR ANY AND ALL SUCH RISKS AND DANGERS, EVEN IF ANY SUCH RISK OR DANGER ARISES FROM THE ACTIONS OR INACTIONS OF PRIMAL FITNESS.

I represent that the Minor is in good physical condition and is otherwise physically capable of participating in the Training, and that the Minor does not suffer from any condition which may endanger the Minor's safety or the safety of anyone else participating in the Training, including but not limited to pregnancy, epilepsy, hypertension, cardiovascular disease, skeletal or joint or ligament problem or condition, asthma, emphysema, bronchitis or chronic obstructive pulmonary disease.

I, ON BEHALF OF THE MINOR AND THE MINOR'S EXECUTORS, PAST AND PRESENT HEIRS, ASSIGNS, AND PERSONAL AND LEGAL REPRESENTATIVES DO HEREBY WAIVE, RELEASE AND FOREVER DISCHARGE PRIMAL FITNESS, OF AND FROM ANY AND ALL CLAIMS, DEBTS, DEMANDS, RIGHTS, LIABILITIES, CAUSES OF ACTION, LOSSES, DAMAGES, COSTS OR EXPENSES, INCLUDING REASONABLE ATTORNEYS' FEES (COLLECTIVELY, "CLAIMS") OF WHATSOEVER KIND AND NATURE, ARISING FROM, RESULTING FROM, OR RELATING IN ANY WAY TO THE TRAINING.

On behalf of the Minor, I agree and covenant not to sue or bring any Claims against Primal Fitness with respect to any matters arising out of or relating to the Training. In the event that I or anyone else on behalf of the Minor institutes any such action, that Claim shall be dismissed upon presentation of this Waiver and Release and I will reimburse Primal Fitness for all legal fees and expenses incurred in defending such Claim and obtaining its dismissal.

I agree and acknowledge that the Minor's participation in the Training may be recorded in one or more medium. I authorize Primal Fitness to photograph, record and otherwise exploit the Minor's image, likeness and voice (together, the "Minor's Likeness") and to use, exhibit, publish and distribute written works, recordings, productions, photographs and other exploitations containing any part of the Minor's Likeness made by or on behalf of Primal Fitness for any purpose and in any medium now known or hereafter developed (together, "the Materials"). I acknowledge that Primal Fitness will be the sole owner of all rights in and to the Materials, including all rights of copyright, for all purposes, regardless of the form or medium in which they are produced or used. Primal Fitness shall have the right, among other things, to edit the Materials at its discretion, to incorporate part or all of the Materials, to use, duplicate, exhibit, broadcast and distribute the Materials and to license others to do so in all media. On behalf of the Minor, I waive any right that I may have to inspect or approve any part of the Materials that incorporate the Minor's Likeness. On behalf of the Minor, I release and discharge Primal Fitness from, and hereby agree to indemnify, defend, and save harmless, Primal Fitness from any and all Claims the Minor or any third party may have now or in the future for invasion of privacy, right of publicity, copyright infringement or other Claims arising out of the use, exploitation, reproduction, adaptation, distribution, broadcast, performance, or display of the Minor's Likeness. I acknowledge that the Minor will not receive any monetary compensation from Primal Fitness for any use of the Minor's Likeness. I warrant that I am the parent or legal guardian of the Minor, and have every right to enter into this Waiver and Release on behalf of the Minor.

I HAVE READ THIS WAIVER AND FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT ON BEHALF OF THE MINOR I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Signed: _____

Dated: _____

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Both sides of this form must be complete